

Vocabulary and Concepts

"Play is the activity by which the infant or young child learns about herself and about the world.

Because both the self and the world is new, a child is constantly learning, and thus continuously playing, For the infant and young child, play is not frivolous activity, but rather the most adaptive practice a child can engage in."

David Elkind, Ph.D
Professor of Child Study,
Tufts University

- * Adjectives (huge, gigantic, tiny, humongous)
- * Art materials (markers, pastels, tissue paper, construction paper)
- * Children's songs
- * Counting one to twenty
- * Dinosaur names (diplodocus, tyrannosaurs rex, triceratops, stegosaurus, etc.)
- * Fairy tales
- * Feelings
- * Fewer
- * Health care and community leaders (doctors, nurses, audiologists, speech pathologist, physical therapist, teacher, dentist)
- * Idioms (it's raining cats and dogs)
- * Last week
- * Letters of the alphabet

- * Musical instruments (castanets, drum, rhythm sticks, tambourine)
- * Nursery rhymes
- * Opposites (higher/lower, more/less)
- * Prepositions (above/below, behind/in front of, by the, beside)
- * Safety rules (never talk to strangers, children don't touch matches, look both ways before crossing the street)

There are 5 major domains of learning. They are: gross motor, fine motor, language, cognitive and social-emotional.

The following is a list of age-appropriate toys that will help your child learn as he plays, as well as vocabulary and concepts your child will be exposed to during their second year.

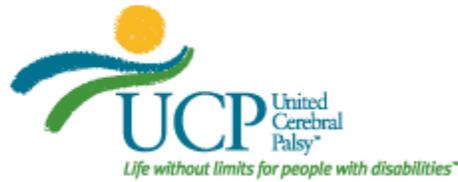
*Note: It's okay to get dirty! In fact, we recommend it!



Toys

Action figures
Little Tikes: Multi-ethnic families
and van
Mattel's Barbie, Ken, Skipper
Non-Toxic Art materials
Paint (red, yellow, blue)
Large paper
Crayons/Markers
Scissors (blunt tip)
Brushes
Easel
Blocks
Small cars, trucks, boats, etc.
Puzzles
Cooking Utensils, Pots, Pans
Dolls and Accessories
Play Telephones
Books
Variety of music CD's
Simple Games
Dominoes
Train set
Baseball set
Magnetic letters
Playing cards
*My letter book
*Let's make music
*Music Instruments

* Asterisks indicate homemade
toys.



Information supplied by:

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With A Purpose
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United Cerebral Palsy

**Understanding Disabilities
Creating Opportunities**

Toys!

4-5 Year Olds

More than Just Fun!



**Enclosed are some
suggestions for toys to
enhance the development
of your child.**

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