



Baby Talk: Resources to Support the People Who Work With Infants and Toddlers

Issue No. 52 September 2015

New Parent Portal at ZERO TO THREE

A new Parent Portal from ZERO TO THREE offers resources grounded in science to help parents and caregivers have the most positive impact on their young child's development during the first critical 1000 days of life. Resources are available in the following categories: Ages and Stages, Play, Sleep, Social-Emotional Development, School Readiness and Early Learning, Challenging Behavior, and Positive Parenting Approaches.

<http://www.zerotothree.org/parenting-resources/>

Talk, Read, and Sing Together Every Day: Tip Sheets for Families, Caregivers and Early Learning Educators

Made specifically for families, caregivers and early educators, these resources can help enrich a child's early language experiences by providing research-based tips for talking, reading, and singing with young children every day beginning from birth. All tip sheets are available in English and Spanish, and can be downloaded for free.

<http://www.ed.gov/early-learning/talk-read-sing>

Positive Guidance Through the Ages

This resource from the National Association for the Education of Young Children (NAEYC) offers options for what positive guidance might look like for infants, toddlers, and pre-schoolers.

<http://families.naeyc.org/child-development/positive-guidance-through-ages>

Inside Out: A Film for Parents of Young Children, Too

The new Pixar/Disney film, *Inside Out*, elevates the importance of the emotional lives of children and provides a critical message to parents—not just of tweens but of babies and toddlers, too—about the importance of helping children learn to understand and manage their complex emotions—starting from day one. This column from ZERO TO THREE shares the relevance of this film for the families of infants and toddlers.

<http://www.zerotothree.org/parenting-resources/blog/inside-out-a-film-for-parents-of-young-children.html>

Great Read Alouds for Kids: Babies to Grade 3

Visit the website below for a collection of resources related to reading aloud to children, including lists of suggested books for each age. In addition you'll find videos and resources on related topics like sharing wordless picture books, reading aloud to build comprehension, getting the most out of nonfiction reading time, and using mental imagery while reading.

<http://www.readingrockets.org/article/great-read-alouds-kids-babies-grade-3>

Understanding the Effects of Maltreatment on Brain Development

This June 2015 brief from the Child Welfare Information Gateway provides basic information about brain development and the effects of abuse and neglect on that development. It is meant to help professionals understand the emotional, mental, and behavioral impact of early abuse and neglect on children who come to the attention of the child welfare system.

<https://www.childwelfare.gov/pubs/issue-briefs/brain-development/>

Baby Talk is a free, one-way listserv that is distributed monthly. Each issue features resources that are high quality, readily available and free. To join the listserv, send an email **with no message** to

subscribe-babytalk@listserv.unc.edu To suggest resources, please contact

Camille Catlett at camille.catlett@unc.edu or (919) 966-6635.