



Baby Talk: Resources to Support the People Who Work With Infants and Toddlers

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"I Helped Too!" Cooking With a Tiny Helper

Click on the link below for 10 tips to use in the classroom and at home to make cooking with toddlers easier for everyone. <http://families.naeyc.org/learning-and-development/cooking-tiny-helper>

Singing to Babies Calms Them Longer Than Talking

If you want to keep an infant calm, sing a song. New research reports that infants remained calm twice as long when they listened to a song as they did when they listened to speech. Read about it at the link below.

<http://neurosciencenews.com/singling-calms-infants-2950/>

Early Learning Language and Literacy Series Launched

The Preschool Development Grant Technical Assistance Program has created a free series of fourteen modules designed for professionals who are working to support the language and literacy development of young children, birth to five.

Each module includes PowerPoint slides, handouts, activities, and readings. Key objectives for the series are to provide teachers with information/ research on early language and literacy and to provide evidence-based strategies to support the language and literacy development of young children. <https://pdg.grads360.org/#program/early-learning-language-and-literacy-series>

Helping Toddlers Understand Emotions: Key to Development

The strategy of helping toddlers understand emotion may reduce behavioral problems later on, finds a federally funded study led by a Michigan State University researcher. The study, published in the September 2015 issue of the *Journal of Developmental and Behavioral Pediatrics*, could ultimately help those most in need. Toddlers with higher risk, specifically those with more behavioral problems and from the most disadvantaged families, benefited most from being taught about emotion by their mothers. Read more at the link below.

<http://msutoday.msu.edu/news/2015/helping-toddlers-understand-emotion-key-to-development/>

A Child's Lifelong Self-Esteem Emerges Earlier Than We Thought

By age 5 children have a sense of self-esteem that is comparable in strength to that of adults, according to a new study by University of Washington researchers. Because self-esteem tends to remain relatively stable across one's lifespan, the study suggests that this important personality trait is already in place before children begin kindergarten. Learn more at the link to the right. <http://www.sciencedaily.com/releases/2015/11/151102152729.htm>

What's Babbling All About? Infants are Motivated by Hearing Themselves

Babies' repetitive babbles, such as 'dada' or 'baba,' are primarily motivated by infants' ability to hear themselves talk, say researchers. Infants with profound hearing loss who received cochlear implants to improve their hearing soon babbled as often as their hearing peers, allowing them to catch up developmentally. Additional information about this research may be found at the link below. To learn more, visit the link below.

<http://www.sciencedaily.com/releases/2015/10/151022125740.htm>

Baby Talk is a free, one-way listserv that is distributed monthly. Each issue features resources that are high quality, readily available and free. To join the listserv, send an email **with no message** to

subscribe-babytalk@listserv.unc.edu To suggest resources, please contact

Camille Catlett at camille.catlett@unc.edu or (919) 966-6635.