

# Childcare Enhancement With A Purpose

VOLUME 9, ISSUE 2

WINTER, FY 2019

## What You Do Matters!

Thanks to all who participated in our annual CCEP survey. Your input is important to us and thank you for taking time out of your busy schedule to help. Based on the results of our statewide survey, you have reported that **484** of the children you care for are now receiving services either through Early Intervention, school systems, or private services. You make a difference in the lives of children!

Listed are the winners selected through a random drawing. Congratulations and we'll be in touch soon about your kit!

**First Christian ECM  
Happytime Daycare  
Angela Patton**

**Children's Place  
Slaughter Road CDC**



## Developmentally Appropriate Practice (DAP)

Every day, early childhood practitioners make many decisions. Teachers need to keep in mind goals for children's learning and development and be intentional in helping children achieve these goals. The core of developmentally appropriate practice lies in this intentionality. As you make decisions, consider these three areas of knowledge:

\* **Knowing about child development and learning.** Understanding typical development and learning at different ages is a crucial starting point. This knowledge, based on research, helps us predict which experiences will support children's learning and development. \* **Knowing what is individually appropriate.** What we learn about specific children helps us refine decisions about how to teach and care for each child as an individual. By continually observing children's play and interaction with the physical environment and others, we learn about each child's interests, abilities, and developmental progress. \* **Knowing what is culturally important.** We must make an effort to get to know the children's families and learn about the values, expectations, and factors that shape their lives at home and in their communities. This background information helps us provide meaningful, relevant, and respectful learning experiences for each child and family. **Taken together, all three considerations result in developmentally appropriate practice.** For more information about DAP, read the NAEYC position statement "Developmentally Appropriate Practice in Early Childhood Programs Serving Children from Birth through Age 8", adopted in 2009.

Visit our Pinterest page! Search for **Childcare Enhancement With A Purpose** for tons of ideas and activities to help you in the classroom.



CCEP (**Childcare Enhancement with a Purpose**), funded by Alabama DHR, offers free inclusion training to childcare providers statewide. CCEP utilizes experienced teachers and therapists to share simple, practical ways to work with and include children with special needs in childcare centers and family/group childcare homes.

This program offers:

- ◆ A curriculum with a multidisciplinary approach which utilizes developmentally appropriate practices.
- ◆ Stipend available to offset expense for substitute teachers during training.
- ◆ Educational kits.
- ◆ Clock-hour credit approved by the Department of Human Resources.
- ◆ Onsite consultation and technical assistance.
- ◆ Workshops.
- ◆ Other resources for assistance.

Check out our website at [www.ucphuntsville.org](http://www.ucphuntsville.org) for a list of all available statewide trainings.

To register, call Stephanie Eger at 256.859.4900 ext.106 or e-mail at [seger@ucphuntsville.org](mailto:seger@ucphuntsville.org)

## Why “Heavy Work” Works!

Heavy work activities are used for children with sensory processing difficulties to help increase attention, decrease defensiveness, and moderate arousal. Learn how childcare providers can help children with unique sensory needs be more successful by utilizing simple materials and ordinary play.



**Training Level:** Intermediate; **DHR:** CD, QCCL; **CDA:** 2, 3; **CKA:** DIV, COA; **CCDF:** 13, 15; **Target Age Group:** ALL

## Training Opportunities

Date	Title	Time	Location	Level	DHR	CCDF	CKA	CDA	Target Age Group
<b>Cullman County</b>									
<b>Tuesday March 5</b>	Why “Heavy Work” Works!	6-8 p.m.	Early Years Preschool 400 Wesley Ave., N Cullman	I	CD, QCCL	13, 15	DIV, COA	2, 3	ALL
<b>DeKalb County</b>									
<b>Thursday February 21</b>	Why “Heavy Work” Works!	6:30-8:30 p.m.	Fort Payne CDC 651 Wallace Ave. NE Fort Payne	I	CD, QCCL	13, 15	DIV, COA	2, 3	ALL
<b>Jackson County</b>									
<b>Monday February 25</b>	Why “Heavy Work” Works!	6-8 p.m.	Impact Learning Center 23123 John T. Reid Pkwy. Scottsboro	I	CD, QCCL	13, 15	DIV, COA	2, 3	ALL
<b>Limestone County</b>									
<b>Thursday March 7</b>	Why “Heavy Work” Works!	6-8 p.m.	Friendship Learning Center 16479 Lucas Ferry Rd. Athens	I	CD, QCCL	13, 15	DIV, COA	2, 3	ALL
<b>Madison County</b>									
<b>Wednesday March 13</b>	Why “Heavy Work” Works!	1-3 p.m. Call CCC at 256.551.7016 to register for this class	Child Care Central 2006 Franklin St. Huntsville	I	CD, QCCL	13, 15	DIV, COA	2, 3	ALL
<b>Tuesday March 19</b>	Why “Heavy Work” Works!	6:30-8:30 p.m.	UCP Technology & Training Center 1856 Keats Dr. NW Huntsville	I	CD, QCCL	13, 15	DIV, COA	2, 3	ALL
<b>Marshall County</b>									
<b>Thursday February 7</b>	Why “Heavy Work” Works!	6:30-8:30 p.m.	Guntersville CDC 1648 O’Brig Ave. Guntersville	I	CD, QCCL	13, 15	DIV, COA	2, 7	ALL

---

## TRAINING LEGEND DHR2016-2

### Training Levels

**Basic** = Most appropriate for entry-level professionals who are new to early childhood and/or school-age care.

**Basic Level Training** covers a foundational understanding and demonstration of developing skills.

**Intermediate** = Most appropriate for professionals who have at least two (2) years of experience and 120 hours of training in child development, and are moving toward more formal education. **Intermediate Level Training** includes expanding knowledge and application and refining skills.

**Advanced** = Most appropriate for professionals who have at least three (3) years of experience and 30 credit hours in child development. **Advanced Level Training** focuses on a more thorough knowledge and understanding of developmentally appropriate practice and highly effective application and demonstration of skills.

### DHR Minimum Standards Training Areas

CD=Child Development

HSUP=Health, Safety, and Universal Precautions

QCCL=Quality Child Care and Licensing

CCPF=Child Care Professional and the Family

LD=Language Development

PDG=Positive Discipline and Guidance

AM=Administration and Management

### CDA (Child Development Associate) Content Areas

1. Planning a safe, healthy environment to invite learning.
2. Steps to advance children's physical and intellectual development.
3. Positive ways to support children's social and emotional development.
4. Strategies to establish productive relationships with families.
5. Strategies to manage an effective program operation.
6. Maintaining a commitment to professionalism.
7. Observing and recording children's behavior.
8. Principles of growth and development.

### Alabama Pathways Core Knowledge Areas (CKA)

CGD=Child Growth and Development

HSN= Health, Safety and Nutrition

LEE= Learning Experiences and Enrichment

DIV=Diversity

COA=Child Observation and Assessment (Planning for Individual Needs)

ICFC=Interaction with Children, Families, and Communities

PPD=Personal and Professional Development

MA=Management and Administration

### CCDF Training Areas

1. *Prevention and control of infectious diseases (including immunizations)*
2. *Sudden Infant Death Syndrome (SIDS) prevention and safe sleep practices*
3. *Administration of medications*
4. *Prevention/response to food allergies*
5. *Building and physical premises safety, including identifying electrical hazards, bodies of water, and vehicular traffic*
6. *Shaken Baby Syndrome and head trauma*
7. *Emergency preparedness and response planning for natural or man-caused events*
8. *Storage of hazardous materials and bio-contaminants*
9. *Precaution in transporting children*
10. *First-aid and CPR*
11. *Recognizing and reporting child abuse and neglect*
12. *Identifying and serving homeless children and their families*
13. *Promoting the social, emotional, physical, and cognitive development of children, **including those related to nutrition and physical activity, using scientifically-based, developmentally appropriate and age appropriate strategies***
14. *Caring for children in geographic areas with significant concentrations of poverty and unemployment*
15. *Implementing behavior strategies, including positive behavior interventions and support models that promote positive social and emotional development and reduce challenging behaviors, **including reducing expulsions of preschool-aged children for such behaviors***
16. *Engaging parents and families in culturally and linguistically appropriate ways to expand their knowledge, skills and capacity to be meaningful partners in supporting their children's positive development*
17. *Understanding early neurological development*
18. *Using data to guide program improvement*
19. *Supporting positive development of **school-age children***
20. *Improving the quality of programs and services for **infants and toddlers***

### Target Age Groups

**Infants** = Birth to 12 months

**Toddlers** = 1 and 2 year olds (13 to 36 months)

**Preschoolers** = 3 and 4 year olds

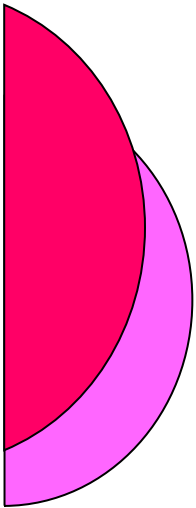
**School-agers** = 5 to 12 year olds

**ALL** = Infants, Toddlers, Preschoolers, and School-agers

---

## Childcare Enhancement With A Purpose

---

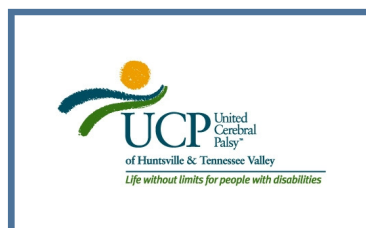


A program of  
UCP of Huntsville and Tennessee Valley, Inc.  
CCEP Office  
1856 Keats Drive  
Huntsville, AL 35810

Phone: 256.859.4900 ext. 106  
Fax: 256.859.4332  
[seger@ucphuntsville.org](mailto:seger@ucphuntsville.org)



Visit our website at  
[www.ucphuntsville.org](http://www.ucphuntsville.org)



*I did then what I know  
how to do. Now that I  
know better, I do better.*  
—Maya Angelou